

Fairbanks Resource List

For People Who Want Help with Heroin or Other Opioid Abuse/Addiction

1. Harm Reduction Agencies for people who are or may be injecting any kind of drug:

Needle Exchange – Interior AIDS Association: 710 3rd Ave. (907) 452-4222 x 0. Mon-Fri 8 am-4 pm
Services: New syringes and safer injection supplies; free rapid HIV and Hepatitis C testing.

Narcan/Naloxone Overdose Response – For anyone at no cost.

Interior AIDS Association: 710 3rd Ave. (907) 452-4222 x 0. Mon-Fri 8 am-4 pm.

Public Health – 1025 Barnette St. (907) 452-1776. Mon-Fri 8 am-5 pm.

Restore Inc. – (907) 374 -1097 - Find support, referrals, case management, resource identification.
542 4th Ave. Suite 203. Monday-Friday, and evenings and weekends. Call or drop-in.

2. Detox/ Withdrawal Management Services

Gateway to Recovery Withdrawal Management Center (FNA)– Call first. (907) 456-1053 x 2. This phone number will be answered 24/7. **Limited opioid beds are available.** Services: Inpatient support to withdraw from heroin or other opiates. Medications are used to alleviate symptoms of withdrawal. Includes some counseling and education. Follow-up may include Vivitrol injection (blocks opiates for 30 days) and/or referral to other treatment programs. New services will include connection to Suboxone/buprenorphine or Vivitrol.

FMH Emergency Dept. - For help with withdrawal symptoms.

North Country Medical, Paul Finch, PA – C (907) 374-3869 – Outpatient opioid detox with or without the Bridge device, Vivitrol. Experienced in medical care for people with addiction.

Teresa Lyons, PNP – (907) 750-8114 - Vivitrol

3. Medication-Assisted Treatment

Interior AIDS Association – Interior Medication Assisted Treatment- 710 3rd Ave. (907) 452-4222 ext. 100. Methadone and Buprenorphine (Suboxone) treatment with opioid addiction history of 1 year or longer. Options include maintenance and short- or long-term taper (30 – 180 days). Counseling and education are required. Medicaid, private insurance and generous sliding fee scale. No waiting list.

TVC Addiction Medicine: Dr. Eric Schneider and Dr. Peter Dillon.

Addiction Medicine Case Manager: 907-458-2634 M-F 8am - 5 pm. Buprenorphine (Suboxone) and other addiction treatments. Outpatient and inpatient consult services.

Ideal Option Addiction Services – 1221 Noble St. Suite 101. Call (877) 522-1275 or drop in. Suboxone as well as treatment for other addictions. No waiting list.

North Country Medical, Paul Finch, PA – C (907) 374-3869 – Outpatient opioid detox with or without the Bridge device, Vivitrol. Experienced in medical care for people with addiction.

4. Residential Treatment

Fairbanks Native Association – (907) 452-6251 (all programs)

- Women & Children's Center for Inner Healing: residential treatment for pregnant and parenting women.
- Ralph Perdue Center – residential treatment for adults.

(People can be enrolled in Suboxone or methadone treatment and also residential treatment.)

Residential Treatment (continued)

Tanana Chiefs Conference – (907) 452-8251 x 3010; www.tananachiefs.org/health/behavioral-health/omfrc/
Old Minto Family Recovery Camp is an Athabaskan alternative to substance abuse treatment; a place to begin healing in a traditional setting. Old Minto offers Level 3.5 Clinically Managed High-Intensity Residential

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Services. The program is designed for Alaska Native families, but they welcome all individuals. The camp does not have running water or electricity. In addition to daily groups and individual counseling sessions, residents gather firewood, haul water, fish, hunt and do daily chores. Clients stay for a minimum of 35 days. They use living in balance as their core curriculum and offer psychotherapy for co-occurring clients.

Graf Rheeneerhaanjii – (907) 455-4725 x 232. Graf provides coed residential drug & alcohol rehabilitation services to American Indian/Alaska Native adolescents from the ages of 12 - 17 (18 year-olds are considered on a case-by-case basis). There is also one bed reserved for a non-native youth.

5. Outpatient Treatment

Fairbanks Native Association/Ralph Perdue Center- insurance, private pay, and Medicaid. Assessment and counseling services (907) 452-6251. Offers an outpatient program with opioid specific curriculum for the treatment of consumers. Works closely with community partners for medication-assisted treatment including holistic approaches as well as Suboxone and Vivitrol medications.

Fresh Start- private pay and some insurance-assessment and counseling services (907) 388-3221

Pacific Rim Counseling- private pay- assessment and counseling services (907) 452-5252

Restore, Inc.- Find support, referrals, case management, resource identification. Monday-Friday, evenings and weekends. Call (907) 374 -1097 or drop-in 542 4th Ave. Suite 203.

Tanana Chiefs Conference- Intensive Outpatient (2.1 level of care) and Outpatient (1.0 level of care) for Native Alaskans. They also provide telehealth to villages throughout the Interior. They offer group counseling, individual therapy and co-occurring options. TCC uses the matrix model for core curriculum, has recently added Seeking Safety and will be adding MRT to their groups. (907) 452-8251 x 3800

Turning Point Counseling Services- Most insurance, private pay, limited scholarships- Integrated Mental Health/Substance Use Disorder Assessment, Level 2.5 Intensive Outpatient Co-occurring Substance Use disorder treatment, Level 1 Standard Outpatient Substance Use Disorder treatment, Mental Health Counseling Services, Stress Reduction Classes, Mindfulness Training Classes, Trauma Sensitive Yoga Classes – (907) 374-7776, Turningpointcs@gmail.com

6. Other Options

N.A. meetings – 1-866-258-6329; http://www.akna.org/areas/fairbanks/documents/fai_schedule.pdf

CoDa Meetings (Co-dependents Anonymous) - 888-444-2359; <http://locator.coda.org>

Prescription Drug Disposal: Individual drug disposal packets available at Public Health – (907) 452-1776, 1025 W Barnette St and Interior AIDS Association– (907) 452-422, 710 3rd Ave
Denali Pharmacy at FMH – (907) 452-8181, 1650 Cowles St
Alaska Family Pharmacy – (907) 488-8555, 167 S. Santa Claus Ln
North Pole Police Department – (907) 488-6902, 125 Snowman Ln
Bassett Community Hospital on Fort Wainwright – (907) 361-4000, 4076 Neely Rd
Fairbanks Police Department – (907) 450-6500, 911 Cushman St
Eielson AFB 354th Medical Group Clinic– (907) 377-5235, 2630 Central Ave #3349

7. Fairbanks Opioid Workgroup

This workgroup meets the last Wednesday of each month from 10 am – 11:45 am, via Zoom. To be added to the group, email fow@interioraids.org or grennan@interioraids.org For more information, visit www.interioraids.org/what-we-do/ then click on Fairbanks Opioid Workgroup tab.

Other resources? Let us know: fow@interioraids.org