

## Fairbanks Resource List

### For People Who Want Help with Heroin or Prescription Opioid Abuse/Addiction

**1. Harm reduction** for people who are or may be injecting any kind of drug:

**Needle Exchange** – 710 3<sup>rd</sup> Ave. (907) 452-4222 x 101. Mon-Fri 10 am-4 pm

Services: New syringes and safer injection supplies; free rapid HIV and Hepatitis C testing.

**Narcan/Naloxone Overdose Response** – 710 3<sup>rd</sup> Ave. (907) 452-4222 opt. 0. Project Hope Narcan Kits for anyone at no cost. Also available at Public Health – 1025 W. Barnette – (907) 452-1776

**Restore Inc.** – (907) 374 -1097 - 1<sup>st</sup> stop to find support, referrals, case management, resource identification. 542 4<sup>th</sup> Ave. Suite 203. Monday-Friday, evenings and weekends. Call or drop-in.

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### 2. Detox/ Withdrawal Management Services

- **Gateway to Recovery Withdrawal Management Center (FNA)**– Call first. (907) 456-1053 x 2. This phone number will be answered 24/7. **Limited opioid beds are available.** Services: Inpatient support to withdraw from heroin or other opiates. Medications are used to alleviate symptoms of withdrawal. Includes some counseling and education. Follow-up may include Vivitrol injection (blocks opiates for 30 days) and/or referral to other treatment programs. New services will include connection to Suboxone/buprenorphine or Vivitrol.
  - **FMH Emergency Dept.** - For help with withdrawal symptoms.
  - **North Country Medical**, Paul Finch, PA – C (907) 374-3869 – Outpatient opioid detox with or without the Bridge device, Vivitrol. Experienced in medical care for people with addiction.
  - **Teresa Lyons, PNP** – (907) 750-8114 - Vivitrol
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### 3. Medication-Assisted Treatment

- **Interior AIDS Association** – Interior Medication Assisted Treatment- 710 3<sup>rd</sup> Ave. (907) 452-4222 ext. 100. After hours resource line: (907) 750-5566. Methadone and Buprenorphine (Suboxone) treatment with opioid addiction history of 1 year or longer. Options include maintenance and short- or long-term taper (30 – 180 days). Counseling and education are required. Medicaid, private insurance and generous sliding fee scale. No waiting list.
  - **TVC Addiction Medicine:** Dr. Eric Schneider and Dr. Peter Dillon. Reception: 907-458-2682. Addiction Medicine Case Manager: 907-458-2634 M-F 8am - 5 pm. Buprenorphine (Suboxone) and other addiction treatments. Outpatient and inpatient consult services.
  - **Ideal Option Addiction Services – 1221 Noble St. Suite 101.** Call (877) 522-1275 or drop in. Suboxone as well as treatment for other addictions. No waiting list.
  - **North Country Medical**, Paul Finch, PA – C (907) 374-3869 – Outpatient opioid detox with or without the Bridge device, Vivitrol. Experienced in medical care for people with addiction.
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## Fairbanks Opioid Resource List

### 4. Residential Treatment

**Fairbanks Native Association** – (907) 452-6251 (all programs)

- Women & Children's Center for Inner Healing: residential treatment for pregnant and parenting women.
  - Ralph Perdue Center – residential treatment for adults.
- (People can be enrolled in Suboxone or methadone treatment and also residential treatment.)

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### 5. Outpatient Treatment

**Fresh Start-** private pay and some insurance-assessment and counseling services (907) 388-3221

**Pacific Rim Counseling-** private pay- assessment and counseling services (907) 452-5252

**Turning Point Counseling Services-** Most insurance, private pay, limited scholarships- Integrated Mental Health/Substance Use Disorder Assessment, Level 2.5 Intensive Outpatient Co-occurring Substance Use disorder treatment, Level 1 Standard Outpatient Substance Use Disorder treatment, Mental Health Counseling Services, Stress Reduction Classes, Mindfulness Training Classes, Trauma Sensitive Yoga Classes – (907) 374-7776, [Turningpointcs@gmail.com](mailto:Turningpointcs@gmail.com)

**Fairbanks Native Association/Ralph Perdue Center-** insurance, private pay, and Medicaid. Assessment and counseling services (907) 452-6251.

Offers an outpatient program with opioid specific curriculum for the treatment of consumers. RPC has partnered with North Country Medical for opioid withdrawal using the bridge and medications. RPC Opioid Outpatient program also works closely with community partners for medication-assisted treatment including holistic approaches as well as Suboxone and Vivitrol medications.

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### 6. Other Options

N.A. meetings – 1-866-258-6329; [http://www.akna.org/areas/fairbanks/documents/fai\\_schedule.pdf](http://www.akna.org/areas/fairbanks/documents/fai_schedule.pdf)

**CoDa Meetings** (Co-dependents Anonymous) - 888-444-2359;  
<http://locator.coda.org/index.cfm?page=usCitymeetings.cfm&state=AK&city=Fairbanks>

**Al Anon Meetings** - <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>  
If you're worried about someone with a drinking problem.

**Alateen Meetings** - <https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/>  
Teenagers between 13 to 18 years old who are worried about someone with a drinking problem.

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#### Prescription Drug Disposal:

Individual drug disposal packets available at Public Health – (907) 452-1776, 1025 W Barnette St and IAA – (907) 452-422, 710 3rd Ave  
Denali Pharmacy at FMH – (907) 452-8181, 1650 Cowles St  
North Pole Prescription Laboratory – (907) 488-8555, 167 S. Santa Claus Ln  
North Pole Police Department – (907) 488-6902, 125 Snowman Ln  
Bassett Community Hospital on Fort Wainwright – (907) 361-4000, 4076 Neely Rd  
Fairbanks Police Department – (907) 450-6500, 911 Cushman St  
Eielson AFB 354th Medical Group Clinic– (907) 377-5235, 2630 Central Ave #3349

**Fairbanks Opioid Workgroup meets the last Wednesday of each month from 10 am – 11:45 am, City Council Chambers. Other resources? Let us know: [info@interioraids.org](mailto:info@interioraids.org)**